# LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE)



(Autonomous)

NH-44, PACHAL, NAMAKKAL – 637 018.

## NATIONAL SERVICE SCHEME



<u>ANNUAL REPORT</u> (2021-2022)

## PAAVAI ENGINEERING COLLEGE, NAMAKKAL-637018 (Autonomous)

# NATIONAL SERVICE SCHEME

## ACADEMIC YEAR (2021-2022)

## REGULAR ACTIVITIES

S.No.	Date	nte Name of the Activity		umber o		Number of Beneficiaries
			Boys	Girls	Total	
1	21.06.2021	International Yoga Day Awareness and Celebration	60	40	100	100
2	09.08.2021	Basic Life Saving Skills for College Students- Awareness Programme	03	02	05	173
3	15.08.2021	Independence Day Celebration	60	40	100	All
4	30.09.2021	Maternal and Child Health Trainer Programme with Ekam Foundation, Namakkal	-	40	40	All
5	01.10.2021	Fit India Freedom Run 2.0	30	13	43	100
6	21.10.2021	International White Cane Day Celebration	05	05	10	All
7	23.10.2021	COVID-19 Vaccination Campaign	05	05	10	205
8	16.11.2021	Health is Everything-Webinar	05	05	10	104
9	17.11.2021	COVID-19 Vaccination Campaign	05	05	10	267
10	19.11.2021	Blood Donation Camp	15	11	26	167
11	26.11.2021	Awareness Programme on "Stress Management"	105	45	150	150
12	27.11.2021	Blood Donation Camp	23	10	33	149
13	01.12.2021	My Health – My Hygiene Awareness Programme	15	10	25	All
14	01.12.2021	World AIDS Day –Awareness Programme	05	05	10	75
15	11.12.2021	COVID-19 Vaccination Campaign	05	05	10	186
16	15.12.2021	General Orientation Programme	60	40	100	100
17	03.01.2022	Contribution to Physically Challenged People	05	05	10	All

18	21.01.2022	COVID-19 Booster Vaccination Campaign	05	05	10	57
19	26.01.2022	Republic Day Celebration	70	30	100	All
20	08.03.2022	International Women's Day Celebration	-	250	250	250

NSS Programme Officer

C. RATHNAKUMAR, MCA., M. PHII., ME., (Ph.D)..

NSS PROGRAMME OFFICER
PAAVAI ENGINEERING COLLEGE,
NH-7, PACHAL, NAMAKKAL - 637018.

Principal

PRINCIPAL PAAVAI ENGINEERING COLLEGE 11-7, PACHAL POST, NAMAKKAL Dist

# PAAVAI ENGINEERING COLLEGE, NAMAKKAL-637018

## (Autonomous)

## NATIONAL SERVICE SCHEME

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20	08.03.2022	International Women's Day Celebration	-	250	250	250

## Activity Name: International Yoga Day Awareness and Celebration Date: 21.06.2021

We observed 7<sup>th</sup> International Yoga Day on 21<sup>st</sup> June, 2021. Under the auspices of National Service Scheme and Physical Education, more than 100 students participated in the event of celebrating the International Yoga Day in their homes due to Covid-19.

Mr.C.Rathnakumar, NSS Programme Officer, Paavai Engineering College and Mr.Elavarasan, Yoga Master, Paavai Engineering College actively participated in this function. All the students performed the fundamental Asanas in Yoga. At the end of the programme, an oath was taken to do Yoga regularly at least for 30 minutes every day.



Students performing the fundamental Asanas in Yoga (21.06.21)



Students performing the fundamental Asanas in Yoga (21.06.21)

## Activity Name: International Yoga Day Awareness and Celebration Date: 21.06.2021



Students performing the fundamental Asanas in Yoga (21.06.21)



Students performing the fundamental Asanas in Yoga (21.06.21)

(Autonomous)

## PACHAL, NAMAKKAL-637018.

## **International Yoga Day Celebration**

NSS Volunteers Name List Date: 21.06.2021

S.No.	Name	Year/Branch
1	SUDHARASAN PRASANNA.R	IV / ECE
2	RAJA GURU.J	IV / ECE
3	AZARUDIN.N	IV/ IT
4	JAI SURYA.S	IV/ IT
5	GOKUL RAJ.N	IV / BME
6	KAVIN.S	IV / ME
7	FAIJOOR RAHMAN.A	IV / BME
8	KARTHIKEYAN.T	III / BME
9	MOHAMED ISMAIL.M	IV / CSE
10	DHILIPAN.V.B	IV / CSE
11	CHANDRU.L	IV / ECE
12	NABALADANRAJA.P	IV / ECE
13	PRAVESH.C	IV / ECE
14	BALAJI.V	IV / AERO
15	AKASH	IV / EEE
16	KAVIN	IV / EEE
17	GOPALA KANNAN.P	IV / CSE
18	ABISHEK.M	IV / AGRI
19	HARIHARAN.S	IV / AGRI
20	BARANI.S	IV / AGRI
21	GOKULRAJ.M	IV / AGRI

22	SARITHIVANAYAGAN.S	IV / AERO
23	GOKUL.M	IV / AERO
24	SANJEEV.R	IV / MECH
25	SUNDAR.C	IV / MECH
26	KOMBAIAH PANDIYAN	IV / MECH
27	DHANUSH.R	IV / MECH
28	VETRIVEL.C	IV / PHARMA
29	SATHIYARAJ.M	IV / PHARMA
30	JEGAN.S	IV / PHARMA
31	SUHAIL AHAMED	IV / EEE
32	SUJITHA.A	IV / CSE
33	VANMATHI.G	IV / CSE
34	YUVARAMYA.M	IV / CSE
35	SURUTHI PRIYA	IV / CSE
36	PAVITHRA.K	IV / CSE
37	PRIYADHARSHINI.K	IV / CSE
38	SHARUMATHI	IV/ IT
39	BHUVANESHWARI	IV/ IT
40	NAVEENA	IV / ECE
41	HEMAPRIYA	IV / EEE
42	TAMILARASI	IV / EEE
43	LAVANYA	IV / AGRI
44	HARITHA	IV / AGRI
45	KAVYA	IV / AGRI
46	AKALYA	IV / ECE
47	MALATHI.B	IV / ME
48	SARIKA.R	IV / BME

49	KEERTHANA.S	IV / BME
50	SHOBIKA.B	IV / BME
51	GLORIA.K	IV / BME
52	PRITHIKAMARY.M	IV / BME
53	SOUNDARYA	IV/ IT
54	BAVITHRA	IV / CIVIL
55	DEEPIKA SRI.R	IV / AERO
56	HEMALATHA	IV / EEE
57	SRIBAVANI	IV / AGRI
58	SANDHIYA	IV / AGRI
59	SUGANTHI	IV / EEE
60	RENUKA DEVI.S	IV / CSE
61	SAVITHA	IV / CSE
62	DHARSHINI	IV / MECH
63	HEMA.A	III B.E. (Aero)
64	JEEVA NANDHAN.P	III B.E. (Aero)
65	MEYYAZHAGI.S	III B.E. (Aero)
66	NAVIN KUMAR.V	III B.E. (Aero)
67	POOVARASAN.V	III B.E. (Aero)
68	PREMIGA.G	III B.E. (Aero)
69	SATHYA.M	III B.E. (Aero)
70	SUJEETHA.G	III B.E. (Aero)
71	VINITH SUBASH CHANDRA BOSE.S	III B.E. (Aero)
72	ABIMANU.R	III-B.E. (Agri.)
73	BALAJI.T	III-B.E. (Agri.)
74	DEEPIKA.R	III-B.E. (Agri.)
75	DEVASRI.P	III-B.E. (Agri.)

76	GAYATHIRI.R	III-B.E. (Agri.)
77	ISWARYA.V	III-B.E. (Agri.)
78	KIRUBALINI.J	III-B.E. (Agri.)
79	NAVEEN.B	III-B.E. (Agri.)
80	SIVASAKTHI.S	III-B.E. (Agri.)
81	SWETHA.S	III-B.E. (Agri.)
82	YATHAVA KRISHNAN.M	III-B.E. (Agri.)
83	GUNASEKAR.P	III-B.E. (BME)
84	KARTHIKA.D	III-B.E. (BME)
85	NANDHINI.S	III-B.E. (BME)
86	NARMATHA.N	III-B.E. (BME)
87	NAVEENA EVANGELIN.J	III-B.E. (BME)
88	PRATHIPA.P	III-B.E. (BME)
89	SANDHIYA.R	III-B.E. (BME)
90	SELVARAGAVAN.K	III-B.E. (BME)
91	SENTHIL KUMAR.M	III-B.E. (BME)
92	VIKNESH.R	III-B.E. (BME)
93	VISHAL.M	III-B.E. (BME)
94	ALEX YATHITYAN.A	III-B.Tech. (Chemical)
95	JAYARAJ.M	III-B.Tech. (Chemical)
96	PRATHIKSHA.K	III-B.Tech. (Chemical)
97	MIKILARASAN.M	III-B.E. (Civil)
98	SUGAPRIYA.C	III-B.E. (Civil)
99	SURENDHAR.S	III-B.E. (Civil)
100	SURIYA.R	III-B.E. (Civil)

# NSS PROGRAMME OFFICER

C. RATHNAKUMAR, MCA., M.Phil., ME., (Ph.D)...
NSS PROGRAMME OFFICER,
PAAVAI ENGINEERING COLLEGE,
NH-7, PACHAL, NAMAKKAL - 637018.

## Activity Name: International Yoga Day Awareness and Celebration Date: 21.06.2021

# PAAVAI ENGINEERING COLLEGE (Autonomous)

Pachal, Namakkal

## CIRCULAR

## INTERNATIONAL YOGA DAY

#### C.NO:PEC/Pri/NSS/2021-22/001

We are going to celebrate the International Yoga Day on 21st June, 2021, we request all the Teaching/Non-teaching staff members and students to participate in Yoga Day celebration through online mode and in their respective homes due to Covid-19.

PRINCIPAL

Date: 17.06.2021

Copy to:

1. All HoDs.

## **Activity Name: Basic Life Saving Skills for College Students**

National Service Scheme - Health and Hygiene Club of Paavai Engineering College and Indian Orthopedic Association, Salem, Salem jointly organized a webinar on "Basic Life Saving Skills for College Students" held on 09<sup>th</sup> August, 2021. Dr.C.S.Vishnuprasath, Consultant Spine Surgeon, SKS Hospitals, Indian Orthopedic Association, Salem was the guest speaker for the webinar. Dr.K.K.Ramasamy, Director-Administration, Paavai Institutions, Namakkal welcomed the gathering.

Date: 09.08.2021

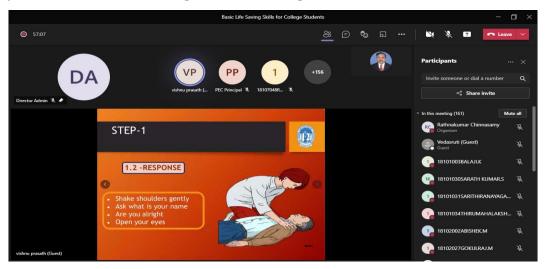
The guest speaker Dr.C.S.Vishnuprasath shared his experiences of a surgeon to save lives. The speaker explained few critical situations which occur in day-to-day life and also trained students on how to handle these situations without getting panic. He also imparted knowledge of various types of training related to life support and also the steps to be followed till the Ambulance's arrival. He also made students aware of common emergencies that can come up like Burns, choking, or minor attacks. He also showed a short film based on life support and explained on how the training makes employees efficient and they become assets to the company.

The webinar concluded with the vote of thanks by Dr.M.Premkumar, Principal, Paavai Engineering College, Namakkal. This webinar was organized by Mr.C.Rathnakumar, NSS Programme Officer, Paavai Engineering College. 173 students from Paavai Engineering College participated in this webinar and got benefitted.



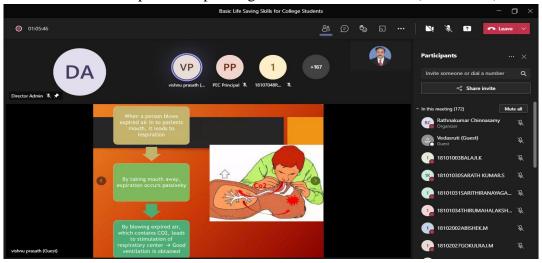
Dr.K.K.Ramasamy, Director-Administration, Paavai Institutions, Namakkal welcoming the gathering.

## Activity Name: Basic Life Saving Skills for College Students

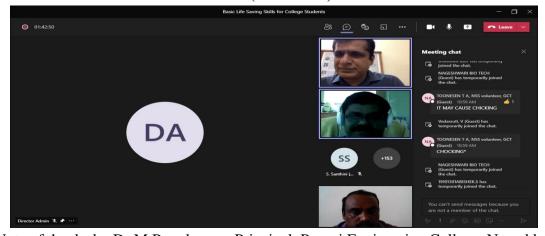


Date: 09.08.2021

Dr.C.S. Vishnuprasath explaining basic life and save lives (09.08.2021)



Dr.C.S.Vishnuprasath explaining few critical situations which occur in day-to-day life and save lives (09.08.2021)



Vote of thanks by Dr.M.Premkumar, Principal, Paavai Engineering College, Namakkal

(Autonomous)

## PACHAL, NAMAKKAL-637018.

# BASIC LIFE SAVING SKILLS FOR COLLEGE STUDENTS NSS VOLUNTEERS NAME LIST

Date: 09.08.2021

S.No.	Name	Semester/Year/Branch
1.	VETRIVEL.C	7TH SEM. B.TECH- PHARMA
2.	GOPALAKANNAN	7TH
3.	GNANASEKAR.M	7TH SEM , CHEMICAL
4.	VIGNESH L	6TH & B.E. CSE
5.	B. MUGHILVENDHAN	7SEM & EEE
6.	B.SANJAIKANTH	6&CSE
7.	RM.SOUNDHARYA	6TH -CSE
8.	S.THIRUPATHI	7TH&CSE
9.	MURUGAPERUMAL S	5&EEE
10.	GOKULRAJ R	7TH SEMESTER / B.TECH PHARMA
11.	VIGNESH.G	6TH SEM&CSE
12.	P.JEEVANANDHAM	4TH& AERONAUTICAL
13.	SARITHIRANAYAGAN S	6TH & AERONAUTICAL
14.	ELANGO.P	6TH& MECHANICAL
15.	S.THARANI	6&CSE
16.	NANDHINI J	6TH &CSE
17.	J.VISHAL	7TH & CSE
18.	HARISH KUMAR K	7& MECHANICAL
19.	M. YATHAVAKRISHNAN	5TH & B. E AGRICULTURE ENGINEERING
20.	SRI VIKNESH.S	5TH SEMESTER& ECE
21.	PAVITHRA K	6 SEMESTER & CSE
22.	JEGAN. S	7TH SEMESTER & B. TECH PHARMACEUTICAL TECHNOLOGY
23.	SURENDAR G	VII&MECH
24.	VEERA CHANDARU	7TH/B.E MECHANICAL

2.5	PDIEGILD	
25.	DINESH.R	7TH&MECHANICAL
26.	T. KARTHIKEYAN	VII/MECHANICAL
27.	PRIYANKA. M	7 & CSE
28.	SANJEEV R	7 & MECHANICAL ENGINEERING
29.	S BALAJI	7&MECHANICAL
30.	SIRANGEEVI.S	7TH SEM / MECHANICAL
31.	R.ANBARASU	VII/MECH
32.	M.GOKULRAJ	7TH& AGRICULTURE ENGINEERING
33.	DHARUMARAJ.K	7& MECHANICAL ENGINEERING
34.	P.KAVIN	7&MECHANICAL
35.	MANOJKUMAR.S	7TH & MECHANICAL ENGINEERING
36.	SABARIVELVASAN	7TH & CSE
37.	J.VIKRAM	7& MECHANICAL
38.	G.GOKUL	7& MECHANICAL ENGINEERING
39.	ABINESH.R	7&MECHANICAL
40.	R.ARAVINDH	7& MECHANICAL
41.	DINESH M	7TH MECH
42.	S. VINITH SUBASH CHANDRA BOSE	3 & AERO
43.	A.SENBAGAPRIYAN	7 & MECHANICAL
44.	K SATHEESH KUMAR	7& MECHANICAL
45.	POOVARASAN. V	5TH SEM &AERO
46.	VISHWESHMANISH M R S	6& MECHANICAL
47.	PREM.P	7 & MECHANICAL
48.	SURUTHI PRIYA	VII & CSE
49.	KISHORE J	7TH & PHARMACEUTICAL TECHNOLOGY
50.	M.SAMY DURAI	6-MECHANICAL ENGINEERING
51.	MOHANA SANKAR R	7& MECHANICAL ENGINEERING
52.	V. DHARANI VENDHAN	7&MECHANICAL ENGINEERING
53.	V. DINESH KUMAR	7/MECHANICAL ENGINEERING
54.	D.VIGNESH	7 & CSE
55.	LAVANYA. K	6TH & AGRICULTURAL ENGINEERING

56.	B. VINITH KUMAR	5 & MECHANICAL
57.	ATHEEQ UR RAHMAN.F	5 & ECE
58.	S. PADHMASHRE	7TH AGRICULTURE ENGINEERING
59.	R.VALARMATHI	7 & CIVIL ENGINEERING
60.	U.BHARATHI	6_B.E AGRICULTURE ENGINEERING
61.	ANANDHI.R	6-AGRICULTURE ENGINEERING
62.	MANJU.S	7TH & AGRICULTURE ENGINEERING
63.	PRADEEPA K	6 TH SEM/ CSE
64.	NAVEEN.B	4TH& BE-AGRICULTURE ENGINEERING
65.	ROKITH.C	6& BE-MECHANICAL
66.	BASKAR S	IV & AERONAUTICAL
67.	PRAVESH C	6&CSE
68.	C.SANTHIYA	6- AGRICULTURE ENGINEERING
69.	K.BALAJI	7& AERONAUTICAL
70.	SUNDAR C	7TH&MECHANICAL ENGINEERING
71.	B. MALATHI	6TH &MEDICAL ELECTRONICS
72.	NAVANEETHAN.J	7 SEM/MECHANICAL ENGINEERING
73.	M.ARUN	6TH&MCT
74.	M.NAVEENA	ELECTRONICS AND COMMUNICATION ENGINEERING
75.	EZHILARASAN S	5TH SEMESTER / BE AERONAUTICAL ENGINEERING
76.	S.KARAN KUMAR	7TH SEM &MECHANICAL
77.	LOGENDRAN. R	7TH AND MECHANICAL ENGINEERING
78.	SUJITHA A	VI SEM- CSE
79.	PRIYADHARSHINI K	7TH & CSE
80.	T.BAVITHRA	6THSEM &CIVIL ENGINEERING
81.	KAVIYA.M	7& AGRICULTURE ENGINEERING
82.	NAVIN KUMAR. V	5SEM & B. E AERONAUTICAL
83.	M.YUVARAMYA	6TH&CSE
84.	D. RAMALINGAM	IV/CIVIL
85.	PRIYADHARSHINI.G	7TH BE-CSE

86.	TAMILARASI.S	VI&EEE
87.	M.SATHESHKUMAR	VII & CSE
88.	ABISHEK M	6 TH SEMESTER & AGRICULTURE ENGINEERING
89.	SELVAKUMAR.S	4TH & AGRICULTURE ENGINEERING
90.	N.NITHISH KUMAR	4TH/MECHANICAL
91.	B.RANJEETHKUMAR	7TH & CSE
92.	V. POOJASREE	7&CSE
93.	G.AJITH	VI , BIOMEDICAL
94.	S.SUBALAKSHMI	4 TH&B.E AGRICULTURAL ENGINEERING
95.	VIGNESH VENKATESH	7TH & CSE
96.	SANGEETHA.S	6TH SEM & CSE
97.	R. SUKUMAR	6/MECH
98.	S. HEMAPRIYA	VII/EEE
99.	A.SIVA	6/MECHANICAL
100.	YOGESHWARAN T	6TH SEMESTER & BE- AGRICULTURE
101.	M.MOHANRAJ	7&MECHANICAL ENGINEERING
102.	V. SANTHIYA	5TH SEM B. E AGRICULTURE ENGINEERING
103.	MOHANATHAN. J	IV-MECHATRONICS
104.	PRAKASH M	SIXTH & MECHATRONICS
105.	E. A. ASHWIN	5TH/MECHATRONICS
106.	K.LOGANATHAN	5TH& MCT
107.	M.RANJITHKUMAR	4TH SEMESTER & AGRICULTURE
108.	SATHEESH S	7/BE MECHANICAL
109.	H.BHUVAN SHANKAR	5TH SEMESTER &B.E. MCT
110.	G.HARIHARAN	6TH B.E (AGRICULTURE )
111.	PUNITHKUMAR. M	6TH SEMESTER & MECHANICAL
112.	S.ABINESH	5TH SEMESTER & BE-MCT
113.	K. SURYA	7TH & BE- AGRICULTURE
114.	P.RITHIKA	4TH&AGRICULTURE
115.	G.C.NAGAPANDIAN	5TH SEM & MECHATRONICS
116.	KOMBAIAHPANDIAN.S	VII

	T .	
117.	K.GOWTHAMAN	B.E MECHANICAL ENGINEERING
118.	S.RENUGADEVI	6&BE CSE
119.	SHARUMATHI. R	7TH & B. TECH IT
120.	T.S.AJIN	6TH/COMPUTER SCIENCE AND ENGINEERING
121.	G.VANMATHI	VII & CSE
122.	TOONESEN T A	3RD SEMESTER, CSE
123.	AZARUDIN.N	7TH SEM-B.TECH IT
124.	A.AJAY ARAVINDAN	7/MECHANICAL ENGNEERING
125.	M. SATHIYARAJ	7TH SEM & PHARMACEUTICAL
126.	VARSHINI.A	3 RD SEMESTER,ECE BRANCH
127.	KISHORE KUMAR.V	THIRD SEMESTER&EEE
128.	VISVESHWARAN M	3RD SEM & CIVIL ENGINEERING
129.	SHREYA SREENATH	3RD - CSE
130.	SHASANTH S	3 & CIVIL
131.	SARAVANAN S	3 - CSE
132.	NAGARAM SARATHSAI	1
133.	RAGAVAN.S	3RD SEMESTER AND MECHANICAL ENGINEERING
134.	SUCHITHRA R	3RD SEMESTER & EEE BRANCH
135.	GAYATHRI R	EEE & 3RD SEMESTER
136.	SUJITH P	III & MECHANICAL
137.	M.KUMANAN	3RD SEMESTER & PRODUCTION ENGINEERING
138.	RAAM KUMAR M	3RD SEMESTER , CIVIL ENGINEERING
139.	K PRAVEEN SRIRAM	VI CIVIL
140.	DEEPASRI R	3RD SEMESTER, ECE
141.	J.JOTHISELVI	3RD, IT
142.	KAAVYASHREE.T.MA	3RD SEM AND EIE
143.	VIJAY S	3RD SEM - CIVIL ENGINEERING
144.	KAVIYANJALI R	3 RD AND EIE
145.	S.DHANASIVA	7& MECHANICAL ENGINEERING
146.	R. SHALINI	6 TH SEMESTER AND AGRICULTURAL ENGINEERING
147.	JOSHVIN. C	7TH & MECHANICAL

148.	HARINI S	SEM-3, BRANCH - PRODUCTION
149.	KULASEKARAPANDIAN V	3RD SEMESTER - INFORMATION TECHNOLOGY
150.	SUBHAAKAR K R	3RD & EIE
151.	VIMAL RAJ V	III - MECH B
152.	SHRILEGA M	3RD SEM & IBT-B
153.	SALMAA A S	3RD SEMESTER B TECH INDUSTRIAL BIOTECHNOLOGY
154.	ELAKKIYA R	3RD SEMESTER INFORMATION
155.	CHANDRASEKAR S M	3RD SEMESTER, ECE
156.	NIVETHITHA M	3 RD SEMESTER_PRODUCTION
157.	NAVEENA SHREE A V	3RD SEMESTER- CIVIL
158.	PARAS NEERAJ KUMAR	3RD SEMESTER MECHANICAL B
159.	A.VEERAMANIKANDAN	3RD SEMESTER CIVIL
160.	SIVANESAN.S	7TH SEMESTER AGRICULTURAL
161.	C.KARTHICK	6/MECHANICAL
162.	S.SHANMUGA VENKATESH	3 & CSE
163.	NAVALADIRAJA P	7TH/ECE
164.	THIRUMAHALAKSHMI. V	7 TH & AERO
165.	S.LOGESH	4-MECHATRONICS
166.	PRANESH M	3RD SEMESTER PRODUCTION
167.	SONIA S	3 IBT
168.	PRATHIPA.P	III-B.E. (BME)
169.	SANDHIYA.R	III-B.E. (BME)
170.	ABIMANU.R	III-B.E. (AGRI.)
171.	BALAJI.T	III-B.E. (AGRI.)
172.	SUGAPRIYA.C	III-B.E. (CIVIL)
173.	SURENDHAR.S	III-B.E. (CIVIL)

NSS Programmme Officer

C. RATHNAKUMAR, MCA., M.Phil., ME., (Ph.D).,
NSS PROGRAMME OFFICER,
PAAVAI ENGINEERING COLLEGE,
NII 7 PACHAL, NAMAKKAL - 637018.

# PAAVAI ENGINEERING COLLEGE (Autonomous)

## Pachal, Namakkal

## CIRCULAR

## BASIC LIFE SAVING SKILLS FOR COLLEGE STUDENTS

## C.NO:PEC/Pri/NSS/2021-22/002

This is to inform you that an online Awareness Webinar on "Basic Life Saving Skills for College Students" to be held on 09<sup>th</sup> August 2021 by 10.30 a.m., which is jointly organized by Indian Orthopedic Association, Salem and National Service Scheme, Paavai Engineering College. The willing students and staff members can participate in this webinar.

Date: 09/08/2021 Time: 10.30 a.m.

**Microsoft Teams Link:** <a href="https://teams.microsoft.com/l/meetup-join/19%3ameeting\_Y2M5ZTQxZjltMzZmMS00OGQwLWE3YjMtNjQ5NTIxM2NiMzQ0%40thread.v2/0?context=%7b%22Tid%22%3a%220e12e443-9474-407f-a440-2c8f3f1bac5b%22%2c%22Oid%22%3a%22c1c59de6-8835-4daa-ba18-6827152fa4c2%22%7d</a>

PRINCIPAL

Date: 09.08.2021

Date: 06.08.2021

Copy to:

1. All HoDs.

# Activity Name: Maternal and Child Health Trainer Inauguration- Programme with Ekam Foundation, Namakkal Date: 30.09.2021

The training for Maternal Child Health Trainer (MCHT) inaugurated in our campus on 30<sup>th</sup> September 2021 by Ekam Foundation, Non-Government Organization, Namakkal and organized by National Service Scheme, Paavai Engineering College. Miss.G.Elakiya, III B.E. (EEE) welcomed the gathering. Mr.Jeganathan, NGO, Ekam Foundation, Namakkal, addressed the students about the MCH training. He explained the COVID-19 lockdown measures, including social distancing norms and travel restrictions, the financial constraints, fear of contracting the virus at facilities, have negatively impacted the health-seeking behavior among pregnant women and new mothers. The function concluded with the vote of thanks by Mr.C.Rathnakumar, NSS Programme Officer, Paavai Engineering College. The NSS 40 volunteers from Paavai Engineering College participated in this function and got benefitted.



Mr.Jeganathan, NGO, Ekam Foundation, Namakkal, addressing to the students



Mr.C.Rathnakumar, NSS Programme Officer, giving guidelines about the MCHT programme

## (Autonomous)

## PACHAL, NAMAKKAL-637018.

## Maternal Child Health Trainer (MCHT) Volunteer Ship on 30.09.2021 NSS Volunteers Name List

S.No.	Name	Year/Branch
1.	S.Renugadevi	IV B.E. (CSE)
2.	K.Priyadharshini	IV B.E. (CSE)
3.	K.Pavithra	IV B.E. (CSE)
4.	M.Yuva Ramya	IV B.E. (CSE)
5.	S.K Haritha	IV B.E. (Agri.)
6.	K.Lavanya	IV B.E. (Agri.)
7.	M.kaviya	IV B.E. (Agri.)
8.	M.Sribavani	IV B.E. (Agri.)
9.	C.Santhiya	IV B.E. (Agri.)
10.	B.Soundariya	IV B.Tech. (IT)
11.	T.Bavithra	IV B.E. (Civil)
12.	M.Priya dharshini	III B.E. (CSE)
13.	P.Sindhu	III B.E. (CSE)
14.	R A.Kiruthika	III B.E. (CSE)
15.	B.Induja	III B.E. (CSE)
16.	Monal k	III B.E. (CSE)
17.	M.Kirthika	III B.E. (CSE)
18.	S.Sandhiya	III B.E. (CSE)
19.	P.Swetha	III B.E. (CSE)
20.	Gavyalakshmi	III B.E. (CSE)
21.	P.Abirami	III B.E. (CSE)
22.	Yuvetha	III B.E. (CSE)
23.	Priyanka	III B.E. (CSE)
24.	G.Elakiya	III B.E. (EEE)
25.	M.kiruthika	III B.E. (EEE)
26.	G.janapriya	III B.E. (EEE)
27.	Prathiksha	III B.E. (Chemical)

28.	S.Swathi	III B.Tech. (Pharma)
29.	Snekha	III B.Tech. (Pharma)
30.	Priyanga	III B.Tech. (Pharma)
31.	Sindhuja	III B.Tech. (Pharma)
32.	C.Sugapriya	III B.E. (Civil)
33.	Atchaya	III B.E. (Civil)
34.	Sowmiya	III B.E. (Civil)
35.	Meyyazhagi	III B.E. (Aero)
36.	Premiga	III B.E. (Aero)
37.	A.Hema	III B.E. (Agri.)
38.	Naveena Evangelin J	III B.E. (Biomedical)
39.	Karthika D	III B.E. (Biomedical)
40.	P.Prathipa	III B.E. (Biomedical)

NSS Programmme Officer

C. RATHNAKUMAR, MCA., M. Phil., ME., (Ph.D)..

NSS PROGRAMME OFFICER,
PAAVAI ENGINEERING COLLEGE,
NH-7, PACHAL, NAMAKKAL - 637018.

# Activity Name: Maternal and Child Health Trainer Inauguration- Programme with Ekam Foundation, Namakkal Date: 30.09.2021

## PAAVAI ENGINEERING COLLEGE

(Autonomous)

Pachal, Namakkal

## **CIRCULAR**

## MATERNAL CHILD HEALTH TRAINER

## C.NO:PEC/Pri/NSS/2021-22/003

This is to inform you that the training for **Maternal Child Health Trainer (MCHT)** will be inaugurated in our campus on 30<sup>th</sup> September 202l at Temple Tower by 2.00 pm, by Ekam Foundation, Non-Government Organization, Namakkal and organized by National Service Scheme, Paavai Engineering College. The NSS Volunteers can be given permission by the HoDs concerned to participate in this inauguration function.

PRINCIPAL

Date: 27.09.2021

## Copy to:

- 1. All HoDs
- 2. Notice Board

## **Activity Name: Fit India Freedom Run / walk**

As per the circular from AICTE, Ministry of Youth Affairs and Sports, Govt. of India, Nationwide campaign will be on the concept of "Physical Run/Walk" to encourage fitness. In view of that National Service Scheme and YRC, Paavai Engineering College organized Fit India Freedom Run on 01<sup>st</sup> October 2021. The faculty members and students were participated in this event in our college campus. Totally 100 students participated in this event.

Date: 01.10.2021



Fit India Freedom Run flag-off by Dr.K.K.RAMASAMY, Director-Administration, Paavai Institutions. (01.10.21)



Fit India Freedom Run by our students and volunteers (01.10.21)

(Autonomous)

## PACHAL, NAMAKKAL-637018.

## FIT INDIA FREEDOM RUN 2.0 on 01.10.2021

## **NSS Volunteers Name List**

S.No.	Name	Year/Branch
1.	BALAJI.K	IV/AERO
2.	JEEVA.R	IV/AERO
3.	SARITHIRANAYAN.S	IV/AERO
4.	ABISHEK.M	IV/AGRI
5.	RAMALINGAM.D	IV/CIVIL
6.	GOPALAKANNAN.S	IV/CSE
7.	MURALI KRISHNAN.T	IV/CSE
8.	PRAVESH.C	IV/CSE
9.	SOUNDAR.A	IV/CSE
10.	THIRUPATHI.S	IV/CSE
11.	RAJAGURU.J	IV/ECE
12.	SUDHARSUN PRASANA.R	IV/ECE
13.	VENKATESH PRASHANTH.G	IV/ECE
14.	DURGA DEEPAN.C	IV/EEE
15.	MUGIL VENDHAN.P	IV/EEE
16.	AZARUDIN.R	IV/IT
17.	ARUN.M	IV/MCT
18.	ARUL SELVAM.P.	IV/MCT
19.	KOMBAIAH PANDIAN.S	IV/MECH
20.	SUNDAR.C	IV/MECH
21.	HARISH KUMAR.K	IV/MECH
22.	SANJEEV.R	IV/MECH
23.	PUNITH KUMAR.M	IV/MECH
24.	NAVANIDHAN.J	IV/MECH
25.	THIRUMALAI.S	IV/MECH
26.	GOKUL RAJ	IV/PHARMA
27.	JEGAN.S	IV/PHARMA

28.	KISHORE.J	IV/PHARMA
29.	SATHYARAJ.M	IV/PHARMA
30.	VETRIVEL.C	IV/PHARMA
31.	S.Renugadevi	IV B.E. (CSE)
32.	K.Priyadharshini	IV B.E. (CSE)
33.	K.Pavithra	IV B.E. (CSE)
34.	M.Yuva Ramya	IV B.E. (CSE)
35.	S.K Haritha	IV B.E. (Agri.)
36.	M.kaviya	IV B.E. (Agri.)
37.	B.Soundariya	IV B.Tech. (IT)
38.	P.Sindhu	III B.E. (CSE)
39.	G.Elakiya	III B.E. (EEE)
40.	M.kiruthika	III B.E. (EEE)
41.	Prathiksha	III B.E. (Chemical)
42.	Tamilarasi.G	III B.E. (EEE)
43.	Gomathi.R	IV B.E. (Agri.)

NSS Programmme Officer

C. RATHNAKUMAR, MCA., M.Phil., ME., (Ph.D)..

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(Autonomous)

Pachal, Namakkal

#### **CIRCULAR**

## **FIT INDIA FREEDOM RUN 2.0**

## C.NO:PEC/Pri/NSS/2021-2022/004

This is to inform you that, as per the circular from AICTE, Ministry of Youth Affairs and Sports, Government of India to commemorate the 75<sup>th</sup> Independence Day - "Azadi Ka Amrit Mahotsav". Nationwide campaign will be on the concept of "Physical/Virtual Run" to encourage fitness. In view of that National Service Scheme and YRC, Paavai Engineering College is going to organize Fit India Freedom Run 2.0 will be held on 01<sup>st</sup> October 2021 by 10 a.m. in our campus.

Hence all the faculty members and students are asked to take part this event and make it grand success.

## Flag off by:

## Dr.K.K.RAMASAMY,

Director-Administration, Paavai Institutions, Namakkal.

## Dr.M.PREMKUMAR,

Principal, Paavai Engineering College, Namakkal.

Run starts at : Main Building, Paavai Engineering College

Run ends with: Main Entrance (via Girls Hostel, Boys Hostel, PCE, Polytechnic, Rocket Point)

PRINCIPAL

Date: 01.10.2021

Date: 29.09.2021

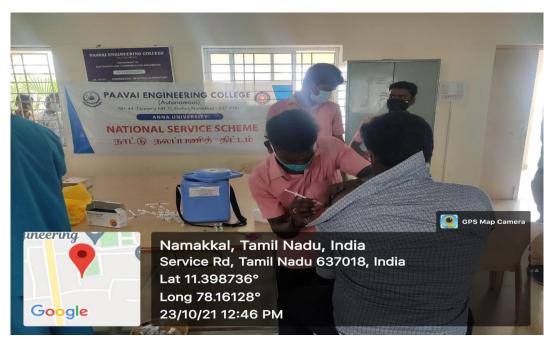
## Copy to:

- 1. All HoD's.
- 2. Notice Board

## **Activity Name: COVID-19 Vaccination Campaign**

National Service Scheme-Health and Hygiene Club of Paavai Engineering College and Government Hospital, Namakkal jointly organized the COVID-19 Vaccination Campaign on 23.10.21 on the college premises. The staff members and students vaccinated with COVISHIELD and 205 members got benefitted.

Date: 23.10.2021



Staff members and students vaccinated with COVISHIELD (23.10.21)



Staff members and students vaccinated with COVISHIELD (23.10.21)

# PAAVAI ENGINEERING COLLEGE (Autonomous)

## Pachal, Namakkal

## **CIRCULAR**

## **COVID-19 VACCINATION CAMPAIGN**

## C.NO:PEC/Pri/NSS/2021-22/006

This is to inform you that COVID-19 Vaccination Campaign is to be conducted by Government Hospital, Namakkal on 23<sup>rd</sup> October 2021 which is organized by National Service Scheme and Health and Hygiene Club of Paavai Engineering College. The students and staff members can utilize this camp freely for their health to prevent COVID-19. Those who are interested can en-roll their name to the respective HoD and send the email on or before 22<sup>nd</sup> October 2021, 10.00a.m.

## For any clarification contact:

NSS Programme Officer : C.Rathnakumar /AsP/MCA/PEC

Phone : 9976298905

E-mail : rathnakumarchinnasamypec@paavai.edu.in

#### Note:

- 1. The COVID-19 vaccination drive vaccine Covishield will be vaccinated (free of cost)
- 2. Xerox copy of Aadhar Card or PAN Card needed for vaccination

PRINCIPAL

Date: 23.10.2021

Date: 21.10.2021

## Copy to:

- 1. All HoDs.
- 2. Notice Board

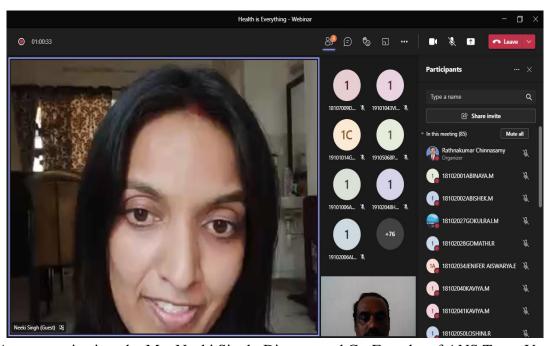
National Service Scheme - Health and Hygiene Club of Paavai Engineering College and ANS Trust, Varanasi jointly organized a webinar on "Health is Everything" held on 16<sup>th</sup> November, 2021. Mrs.Neeki Singh. Director and Co-Founder of ANS Trust, International Yoga & Wellness Coach, Corporate Fitness Expert, Varanasi was the guest speaker for the webinar. Ms.G.Elakkiya, B.E. (EEE), Third Year, Paavai Engineering College, welcomed the gathering. Dr. M.Premkumar, Principal, Paavai Engineering College, presided over the function. He insisted that the students to interact with the guest and take maximum benefit out of the webinar.

Date: 16.11.2021

In the First session, Mrs.Neeki Singh, focused on the topics like Human Anatomy-Immune System, How to Strengthen Immune System by Vedic way and Tips /Tricks to be Healthy and Happy in day to day life. She discussed the various food habits and their advantages for increasing immunity power. In the second session the topics such as Mind Power Tips (As Mind disturbed first than body), Asanas and Pranayama to strengthen Respiratory system and Meditation to calm the Mind were discussed. Warm up exercises, Stretching exercises, Daily practice yoga asanas were performed by the volunteers under the guidance of Mrs. Neeki Singh. She also encouraged the students to perform some breathing exercises and Pranayama techniques. She discussed the importance and benefits of techniques.

The function concluded with the vote of thanks by Ms.P.Sindhu, Third Year B.E. (CSE.), Paavai Engineering College. Mr.C.Rathnakumar, NSS Programme Officer, Paavai Engineering College, was the organizer of the webinar. 104 students from Paavai Engineering College participated in this webinar and got benefitted.

## Activity Name: Health is Everything-Webinar



Date: 16.11.2021

The Awareness is given by Mrs.Neeki Singh, Director and Co-Founder of ANS Trust, Varanasi (16.11.21)



The Awareness is given by Mrs.Neeki Singh, Director and Co-Founder of ANS Trust, Varanasi (16.11.21)

(Autonomous)

## PACHAL, NAMAKKAL-637018.

## HEALTH IS EVERYTHING-WEBINAR

## NSS VOLUNTEERS NAME LIST

Date: 16.11.2021

S.No.	Name	Semester/Year/Branch
1.	SAQHIBUDDEEN AHMED F	5TH , MEDICAL ELECTRONICS
2.	M. SATHIYARAJ	7 TH SEM &PHARMACEUTICAL
3.	SRINIVASAN. R	7TH & B.TECH-PHARMACEUTICAL
4.	PRIYADHARSHINI.M	3 AND CSE
5.	PUGAZHENDHI V	7TH SEM & B.TECH PHARMA
6.	VENKATESH PRASHANTH G	7 SEM /BE .ECE
7.	SINDHU PALANIVEL	5TH SEMESTER
8.	НЕМА А	5TH & BE AGRICULTURE
9.	INIYAA.M	III& EEE
10.	BASKAR S	V & AERONAUTICAL
11.	NAVEEN.R	3RD AND ECE
12.	RAMALAKSHMANAN ALIAS MANIKANDAN U	5 CSE
13.	NAVEENA EVANGELIN J	3 BIOMEDICAL
14.	ARUN KARTHICK K	7 &B.TECH PHARMACEUTICAL
15.	M.GOKULRAJ	7TH & AGRICULTURE ENGINEERING
16.	SANDHIYA.A	7TH SEM - PHARMACEUTICAL
17.	NAVALADIRAJA P	7TH/ECE
18.	GUNASEKAR.P	5TH& BIOMEDICAL ENGINEERING
19.	PRABHAVATHI.K	7 TH SEM&PHARMACEUTICAL
20.	LK.SANGATHSARAN	7TH AND BTECH
21.	K.PRATHIKSHA	5TH SEMESTER (CHEMICAL)
22.	NAVANEETHAN.J	7TH SEMESTER/ MECHANICAL ENGINEERING
23.	JOSHVIN. C	7TH SEMESTER & MECHANICAL
24.	ELANGO.P	7& MECHANICAL
25.	PRATHISH G A	7&MECHANICAL

26.	GOWTHAM	5 BE AERONAUTICAL ENGINEERING
27.	KISHORE J	7TH & PHARMACEUTICAL TECHNOLOGY
28.	RAMESH E	7TH& CHEMICAL ENGINEERING
29.	MANIKANDAN. R	7TH SEMESTER & CHEMICAL
30.	SANTHOSH KUMAR L	VII SEMESTER & CHEMICAL
31.	LAVANYA K	7TH &AGRICULTURE
32.	K.VALLARASU	7-B.TECH CHEMICAL ENGINEERING
33.	AJAY.S	7TH& CHEMICAL ENGINEERING
34.	JENIFER AISWARYA. E	7& AGRICULTURE
35.	ВООРАТНІ К	7TH & B. TECH CHEMICAL
36.	JEGAN.S	7TH SEMESTER & B.TECH PHARMA
37.	VETRIVEL.C	7TH & B.TECH- PHARMA
38.	S KAYSINI	7TH AND CHEMICAL
39.	NANDHA.R	7TH & B.TECH CHEMICAL
40.	VEERACHANDARU.K	7TH/B.E MECHANICAL
41.	SANTHOSHKUMAR G	7 & MECHANICAL
42.	NARMATHA. N	5 & BME
43.	RISHIKANTHA.R	7/MECHANICAL
44.	SURENDHAR.K	MECH
45.	S.THIRUPATHI	7 TH & CSE
46.	BAVITHRA.T	7TH SEM& CIVIL ENGINEERING
47.	SABARINATHAN.S	7TH & CHEMICAL ENGINEERING
48.	KATHIRAVAN.K	7TH SEM &B.TECH CHEMICAL
49.	HARISH KUMAR K	5& MECHANICAL
50.	B.SOUNDARIYA	7 TH SEM &B.TECH IT
51.	JEEVANANDHAM.P	5TH & AERONAUTICAL
52.	NANDHAGOPAL K	7TH SEMESTER & CHEMICAL
53.	AKSHAY PETER	7TH SEM & CHEMICAL
54.	PRANAV PRAMOD	7TH & BTECH
55.	K .NAVEENKUMAR	3RD SEMESTER CIVIL
56.	ELAKIYA G	5 TH SEM & EEE
57.	THENSWETHA P N	3RD SEM & B.E.CIVIL ENGINEERING
58.	KIRUTHIKA MANIVANNAN	5TH SEM ,EEE

	1	
59.	ATHEEQ UR RAHMAN.F	3 & ECE
60.	K.KAVIYAA	5 ECE
61.	THARUNKUMAR R	5 ECE
62.	G.JANAPRIYA	5& EEE
63.	T.S.AJIN	7TH
64.	PRAVESH C	VII & CSE
65.	G.PREMIGA	5TH SEM -BE-AERONAUTICAL
66.	PRAVEEN.G	7TH & CSE
67.	SABARIVELVASAN	7TH SEM & CSE
68.	VIGNESH L	7TH & CSE
69.	TAMILARASAN K	7 & MECHANICAL ENGINEERING
70.	RAMYA S	7/ CSE
71.	B.MUGHILVENDHAN	7SEM & EEE
72.	PREM.P	7/MECHANICAL
73.	FRANCIS B	7 &BE MECHANICAL
74.	YUVARAMYA.M	4 & CSE
75.	CHANDRU.L	7&ECE
76.	YUGAVARSHAN.A.S	7TH & CSE
77.	C.SANTHIYA	7& AGRICULTURE ENGINEERING
78.	KOMBAIAHPANDIAN.S	VII MECHANICAL
79.	R.JANARTHANAN	7TH & MECHANICAL
80.	JEEVA. B	7& MECHANICAL
81.	MANIKANDAN M	7/MECHANICAL A
82.	PREMKUMAR M	7TH SEMESTER & MECHANICAL
83.	C.KARTHI	7 MECHANICAL
84.	S.NIVAS	7& MECHANICAL ENGINEERING
85.	M. ABISHEK	7 TH SEMESTER & AGRICULTURE
86.	V. DINESH KUMAR	7 & BE
87.	S.YUVETHA	5 & BE - CSE
88.	PUNITHKUMAR. M	7TH & MECHANICAL
89.	M.KAVIYA	7 & AGRICULTURE ENGINEERING
90.	A. SOUNDAR	7SEMESTER
91.	GOMATHI. R	7 ANDAGRICULTURE
92.	SATHEESH S	7/MECHANICAL

93.	S.DHANASIVA	7& MECHANICAL ENGINEERING
94.	V. DHARANI VENDHAN	7&MECHANICAL
95.	R.ARAVINDH	7& MECHANICAL
96.	ANBARASU.R	VII&MECH
97.	S. MOHANA	4&AGRICULTURE ENGINEERING
98.	SRI VIKNESH.S	5TH SEM& ECE
99.	S.P.HASRATH	5 TH SEM & PHARMACEUTICAL
100.	E SANJAY	7TH & MECHANICAL
101.	A.SIVA	7/MECHANICAL
102.	S PRASANNA	3SEM-CIVIL
103.	S.MONISHA	7 SEM& AGRICULTURE
104.	S.THIRUMALAI	7TH/MECHANICAL

NSS Programme Officer

C. RATHNAKUMAR, MCA., M. PHII., ME., IPH. DI.,

NSS PROGRAMME OFFICER,

PAAVAI ENGINEERING COLLEGE,
NH-7, PACHAL, NAMAKKAL - 637018,

# PAAVAI ENGINEERING COLLEGE (Autonomous)

Pachal, Namakkal

### **CIRCULAR**

### WEBINAR ON "HEALTH IS EVERYTHING"

### C.NO:PEC/Pri/NSS/2021-22/007

This is to inform you that an online Awareness Webinar on "Health is Everything" to be held on 16<sup>th</sup> November 2021 from 02.00 p.m. to 04.00 p.m., which is jointly organized by ANS Trust, Varanasi and National Service Scheme, Health and Hygiene Club of Paavai Engineering College. The willing students and staff members can register in the given link on or before 15.11.2021.

### Registration Link:

 $https://docs.google.com/forms/d/e/1FAIpQLSdicA64QFAWDTiXhC6\_uoC2izFc-0XyoqXYvVDwqDvLd0yaLw/viewform?vc=0\&c=0\&w=1\&flr=0 \\$ 

PRINCIPAL

Date: 16.11.2021

Date: 12.11.2021

- 1. All HoDs.
- 2. Notice Board

### **Activity Name: COVID-19 Vaccination Campaign**

National Service Scheme-Health and Hygiene Club of Paavai Engineering College and Government Hospital, Namakkal jointly organized the COVID-19 Vaccination Campaign on 17.11.21 on the college premises. The staff members and students vaccinated with COVISHIELD and 267 members got benefitted.

Date: 17.11.2021



Staff members and students vaccinated with COVISHIELD (17.11.21)



Staff members and students vaccinated with COVISHIELD (17.11.21)

# PAAVAI ENGINEERING COLLEGE (Autonomous)

Pachal, Namakkal

#### CIRCULAR

#### **COVID-19 VACCINATION CAMPAIGN**

#### C.NO:PEC/Pri/NSS/2021-22/008

This is to inform you that **COVID-19 Vaccination Campaign** is to be conducted by Government Hospital, Namakkal on 17<sup>th</sup> November 2021 which is organized by National Service Scheme and Health and Hygiene Club of Paavai Engineering College. The students and staff members can utilize this camp freely for their health to prevent COVID-19. Those who are interested can en-roll their name to the respective HoD and send the email on or before 16<sup>th</sup> November 2021, 10.00a.m.

#### For any clarification contact:

NSS Programme Officer : C.Rathnakumar /AsP/MCA/PEC

Phone : 9976298905

E-mail : rathnakumarchinnasamypec@paavai.edu.in

#### Note:

1. The COVID-19 vaccination drive vaccine — Covishield will be vaccinated (free of cost)

2. Xerox copy of Aadhar Card or PAN Card needed for vaccination

PRINCIPAL

Date: 17.11.2021

Date: 15.11.2021

- 1. All HoDs.
- 2. Notice Board

#### Activity Name: Awareness Programme on "Stress Management" Date: 26.11.2021

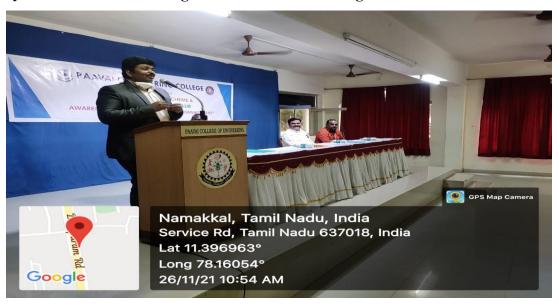
National Service Scheme - Health and Hygiene Club of Paavai Engineering College and Neuro Foundation Hospital, Salem jointly organized an awareness programme on "Stress Management" held on 26<sup>th</sup> November, 2021. Dr.P.Gnanamanikandan, Neuro Psychologist, Neuro Foundation Hospital, Salem was the guest speaker for the function. Ms.G.Elakkiya, B.E. (EEE), Third Year, Paavai Engineering College, welcomed the gathering.

Dr. M.Premkumar, Principal, Paavai Engineering College, presided over the function. He insisted that the students to follow hygiene activities to prevent the covid-19 virus. He expressed his gratitude to the NSS unit to receive the best unit award for the year 2019-2020.

Dr.P.Gnanamanikandan, elaborated on Stress, Its types, Signs of stress, and Simple steps to reduce the stress. He explained in detail about the various types of stress and its symptoms of stress fall into three categories like physical, mental, and emotional. Then, he narrated on examination fear, family stress, the steps to protect our self from stress, the tips to handle family stress and do's and don'ts for stress.

The sessions were highly interactive and the queries of the students were clearly clarified by the resource person. The function concluded with the vote of thanks by Ms.C.Pravesh, Final Year B.E. (CSE.), Paavai Engineering College. Heads of various departments, faculty members and Mr.C.Rathnakumar, NSS Programme Officer, Paavai Engineering College participated in this awareness programme and made it a grand success. 150 NSS Volunteers actively participated with full zeal and were benefitted by this programme.

### Activity Name: Awareness Programme on "Stress Management" Date: 26.11.2021

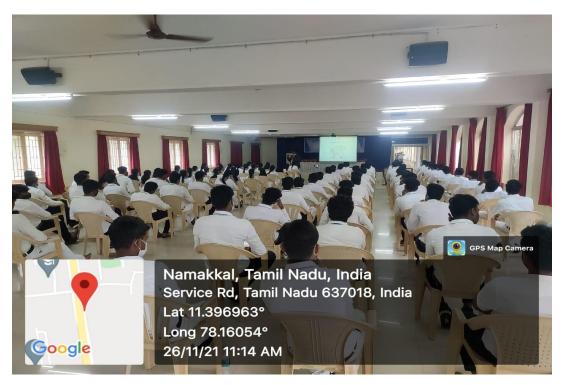


The guest speaker Dr.P.Gnanamanikandan, Neuro Psychologist, Neuro Foundation Hospital, Salem, addressing the students (26.11.21)



The presentation given by the guest speaker Dr.P.Gnanamanikandan, Neuro Psychologist, Neuro Foundation Hospital, Salem (26.11.21)

### Activity Name: Awareness Programme on "Stress Management" Date: 26.11.2021



Presentation on "Stress Management" (26.11.21)

(Autonomous)

### PACHAL, NAMAKKAL-637018.

# Awareness Programme on Stress Management Date: 26.11.2021 NSS Volunteers Name List

S.No.	Name	Year/Branch
1.	BALAJI.K	IV/AERO
2.	JEEVA.R	IV/AERO
3.	SARITHIRANAYAN.S	IV/AERO
4.	ABISHEK.M	IV/AGRI
5.	GOKULRAJ.M	IV/AGRI
6.	RAMALINGAM.D	IV/CIVIL
7.	GOPALAKANNAN.S	IV/CSE
8.	MURALI KRISHNAN.T	IV/CSE
9.	PRAVESH.C	IV/CSE
10.	SOUNDAR.A	IV/CSE
11.	THIRUPATHI.S	IV/CSE
12.	AJIN.T.S	IV/CSE
13.	MOHAMMED ISMAIL.M	IV/CSE
14.	GUNASEKAR.M	IV/CHEM
15.	RAJAGURU.J	IV/ECE
16.	CHANDRU	IV/ECE
17.	SUDHARSUN PRASANA.R	IV/ECE
18.	VENKATESH PRASHANTH.G	IV/ECE
19.	DURGA DEEPAN.C	IV/EEE
20.	MUGIL VENDHAN.P	IV/EEE
21.	KAVIN.T	IV/EEE
22.	ARAVINDH.R	IV/EEE

23.	SUHAILAHAMED.J	IV/EEE
24.	AZARUDIN.R	IV/IT
25.	NEETHIALAGAN.B	IV/IT
26.	VITHURSAN.S	IV/MCT
27.	ARUN.M	IV/MCT
28.	ARUL SELVAM.P.	IV/MCT
29.	KOMBAIAH PANDIAN.S	IV/MECH
30.	SUNDAR.C	IV/MECH
31.	HARISH KUMAR.K	IV/MECH
32.	PUNITH KUMAR.M	IV/MECH
33.	NAVANIDHAN.J	IV/MECH
34.	GOKUL RAJ	IV/PHARMA
35.	JEGAN.S	IV/PHARMA
36.	KISHORE.J	IV/PHARMA
37.	SATHYARAJ.M	IV/PHARMA
38.	VETRIVEL.C	IV/PHARMA
39.	RENUGADEVI.S	IV/CSE
40.	SANTHIYA.C	IV/AGRI
41.	LAVANYA.K	IV/AGRI
42.	HARITHA.S.K	IV/AGRI
43.	KAVIYA.M	IV/AGRI
44.	GOMATHI.R	IV/AGRI
45.	SRI BHAVANI.M	IV/AGRI
46.	PAVITHRA.K	IV/CIVIL
47.	PRIYADHARSHINI.K	IV/CSE
48.	VANMATHI.G	IV/CSE
49.	AKALYA.R	IV/ECE
50.	NAVEENA.M	IV/ECE

51.	SUGANTHI.P.V	IV/EEE
52.	TAMILARASI.S	IV/EEE
53.	HEMAPRIYA.S	IV/EEE
54.	SURUTHIPRIYA.V	IV/IT
55.	SOUNDARIYA.B	IV/IT
56.	SHARUMATHI.C	IV/IT
57.	BHUVANESHWARI.G	IV/IT
58.	ASWATH.J	III/AERO
59.	EZHILARASAN.S	III/AERO
60.	GOWTHAM.C	III/AERO
61.	JEEVANANDHAM.P	III/AERO
62.	MAHESH JOSEPH BESKY.A	III/AERO
63.	MEYYAZHAGI.S	III/AERO
64.	MORESHWARAN.C	III/AERO
65.	NAVINKUMAR.V	III/AERO
66.	POOVARASAN.V	III/AERO
67.	SATHYA.M	III/AERO
68.	SEELVA BHARATHI.A	III/AERO
69.	SUNDAR.	III/AERO
70.	VINITH SUBASH CHANDRA BOSE.S	III/AERO
71.	AISHWARYA.M	III/AERO
72.	ARYA.T	III/AERO
73.	CHANDRU.S	III/AERO
74.	HEMA.A	III/AERO
75.	SUBALAKSHIMI.S	III/AERO
76.	YATHAVAK KISHNAN	III/AERO
77.	ARUN KUMAN.R	III/CSE
78.	BALAMURUGAN.K	III/CSE

70	DHADANICHADATAT	III/CCE
79.	DHARANISHARAJA.J	III/CSE
80.	MOHAMMED SALIM	III/CSE
81.	TONY DAVID RAJA.M	III/CSE
82.	SIVANATHAN.S	III/CSE
83.	SURRENDER.S	III/CSE
84.	NANDHA KUMAR.K	III/CSE
85.	ALEX ATHIYAN	III/CHEM
86.	ATHEOG UR RHMAN.F	III/ECE
87.	HARIPRASANTH.R	III/ECE
88.	NAVEEN.R	III/ECE
89.	NITHISH.M	III/ECE
90.	SRI VIKNESH.S	III/ECE
91.	UDHYANITHI.E	III/ECE
92.	THARUN KUMAR.R	III/ECE
93.	ABISHEK KUMAR.M	III/EEE
94.	ELUMALAI.K	III/EEE
95.	GOKULAKUMAR.G	III/EEE
96.	KARTHIKEYAN.M	III/EEE
97.	KASINATH.R	III/EEE
98.	MOHANRAAJ.S	III/EEE
99.	MURUGAPERUMAL.S	III/EEE
100.	RHISHIY.S	III/EEE
101.	SIVA HARISH.M	III/FOOD TECH
102.	MUKESH KUMAR.C	III/FOOD TECH
103.	BHUVANESHWARAN.P	III/IT
104.	PRAKASH.G	III/IT
105.	PRAVEEN KURMAN.K	III/IT
106.	RAVEEN.M	III/IT

107.	HARISH.M	III/MCT
108.	DINAKARAN.S.P	III/MCT
109.	SANTHOSH.S.T	III/MCT
110.	NAGAPANDIAN.G.C	III/MCT
111.	HARI.R	III/MECH
112.	HARINARAYANAN.V	III/MECH
113.	KARTHIKEYEN	III/MECH
114.	KAVIARASU.T	III/MECH
115.	KUMARAN.K	III/MECH
116.	LOGESH.P	III/MECH
117.	MOHAN KUMAN	III/MECH
118.	NISHANTH.R	III/MECH
119.	SATHISH KUMAR.R	III/MECH
120.	SABARI NATHAN.G	III/MECH
121.	MAHESH.M	III/MEDE
122.	SAAHIBUDEEN AHAMED	III/MEDE
123.	DAVID JOHN	III/PHARMA
124.	MAYILSAMY.P	III/PHARMA
125.	MANIKANADAN	III/PHARMA
126.	MOHAMMED IRFAN	III/PHARMA
127.	SANJAY.S	III/PHARMA
128.	MOHAN.B	III/PHARMA
129.	SABARI.A	III/PHARMA
130.	MANI.M	III/PHARMA
131.	PRENIGA.G	III/AERO
132.	SUJEETHA.G	III/AERO
133.	SREEJA.A	III/AERO
134.	SINDHU.P	III/CSE

35.	YUVETHA.S	III/CSE
136.	PRIYA DHARSHINI.M	III/CSE
137.	PRIYANKA.G	III/CSE
138.	PRATHIKSHA.K	III/CHEM
139.	ELAKIYA.G	III/EEE
140.	KRITHIKA	III/EEE
141.	RANJINI.V	III/ECE
142.	KAVIYA.K	III/ECE
143.	SNEHA.S	III/IT
144.	NEMA.V	III/PHARMA
145.	SINDHUYA.P	III/PHARMA
146.	SWATHI.S	III/PHARMA
147.	HASHARTH.	III/PHARMA
148.	NEMA.V	III/PHARMA
149.	SINDHUYA.P	III/PHARMA
150.	SWATHI.S	III/PHARMA

NSS Programmme Officer

C. RATHNAKUMAR, MCA., M. PHIL., ME., (Ph.D)..

NSS PROGRAMME OFFICER,

PAAVAI ENGINEERING COLLEGE,
NH-7, PACHAL, NAMAKKAL - 637018.

### PAAVAI ENGINEERING COLLEGE (Autonomous)

Pachal, Namakkal

#### **CIRCULAR**

# AWARENESS PROGRAMME ON "STRESS MANAGEMENT"

### C.NO:PEC/Pri/NSS/2021-22/010

Date: 24.11.2021

Date: 26.11.2021

This is to inform you that the Stress Management Programme to be held on  $26^{\text{th}}$ November 2021 at Pragathi Hall by 10.30 a.m., which is jointly organized by Neuro Foundation Hospital, Salem and National Service Scheme, Paavai Engineering College. The NSS Volunteers can be given permission by the HoDs concerned to participate in this Programme.

PRINCIPAL

- 1. All HoDs.
- 2. Notice Board

### Activity Name: My Health – My Hygiene Awareness Programme Date: 01.12.2021

National Service Scheme - Health and Hygiene Club of Paavai Engineering College jointly organized an awareness programme on "My Health – My Hygiene" held on 01<sup>st</sup> December, 2021. Mr.C.Rathnakumar, NSS Programme Officer, Paavai Engineering College was given the awareness to the students. He spoke to them about the importance of Personal hygiene and cleanliness, maintaining good personal hygiene is the first step to good health. He emphasized on importance of Oral health Care, toilet hygiene, hair care etc. The importance of these activities as a part of everyday routine was taught to the gathering. My Health-My Hygiene oath was taken by all the students. Finally, the awareness pamphlet given to all students contains the health and hygiene two essential concepts.



Mr.C.Rathnakumar, NSS Programme Officer, Paavai Engineering College is giving the awareness (01.12.21)



My Health-My Hygiene oath taken by all the students (01.12.21)

# PAAVAI ENGINEERING COLLEGE (Autonomous)

### Pachal, Namakkal

#### **CIRCULAR**

### AWARENESS PROGRAMME ON "MY HEALTH AND MY HYGIENE"

### C.NO:PEC/Pri/NSS/2021-22/012

This is to inform you that the Awareness Programme on "My Health and My Hygiene" to be held on 01st December 2021 for all the Students department wise in all class rooms, which is organized by National Service Scheme, Health and Hygiene Club of Paavai Engineering College.

PRINCIPAL

Date: 27.11.2021

- 1. All HODS.
- 2. Notice Board

#### Activity Name: World AIDS Day –Awareness Programme

In connection with creating awareness and observance of World AIDS Day, we have conducted an oratorical competition and essay writing competition on 02.12.2019 (Thursday) in our college and more than 75 students were participated in these events.

Date: 01.12.2021



An Oratorical and Essay writing competition conducted for Students (01.12.2021)



An Oratorical and Essay writing competition conducted for Students (01.12.2021)

(Autonomous)

Pachal, Namakkal

#### **CIRCULAR**

### WORLD AIDS DAY- AWARENESS PROGRAMME

### C.NO:PEC/Pri/NSS/2021-22/013

Date: 29.11.2021

Date: 01.12.2021

The Oratorical and Essay Competition is organized by National Service Scheme, Paavai Engineering College on 01<sup>st</sup> December 2021 at Temple Tower by 10.00 a.m. to observe and create awareness on World Aids Day. The interested students are asked to participate.

PRINCIPAL

- 1. All HoDs.
- 2. Notice Board

#### **Activity Name: COVID-19 Vaccination Campaign**

National Service Scheme-Health and Hygiene Club of Paavai Engineering College and Government Hospital, Namakkal jointly organized the COVID-19 Vaccination Campaign on 11.12.21 on the college premises. The staff members and students vaccinated with COVISHIELD and 186 members got benefitted.

Date: 11.12.2021



Staff members and students vaccinated with COVISHIELD (11.12.21)



Staff members and students vaccinated with COVISHIELD (11.12.21)

(Autonomous)

### Pachal, Namakkal

### CIRCULAR

# COVID-19 VACCINATION CAMPAIGN

## C.NO:PEC/Pri/NSS/2021-22/014

Date: 09.12.2021

This is to inform you that COVID-19 Vaccination Campaign is to be conducted by Government Hospital, Namakkal on 11th December 2021 which is organized by National Service Scheme and Health and Hygiene Club of Paavai Engineering College. The students and staff members can utilize this camp freely for their health to prevent COVID-19. Those who are interested can en-roll their name to the respective HoD and send the email on or before  $10^{\text{th}}$ 

### For any clarification contact:

NSS Programme Officer

: C.Rathnakumar /AsP/MCA/PEC

Phone

: 9976298905

E-mail

 $: \underline{rathnakumarchinnasamypec@paavai.edu.in}\\$ 

#### Note:

- 1. The COVID-19 vaccination drive vaccine Covishield will be vaccinated (free of cost)
- 2. Xerox copy of Aadhar Card or PAN Card needed for vaccination

PRINCIPAL

- 1. All HoDs.
- 2. Notice Board

### **Activity Name: General Orientation Programme**

We conducted a general orientation programme for all NSS volunteers on 15.12.2021 (Wednesday) through virtual mode in Google meet, due to Covid-19 pandemic. The NSS History, Motto, Logo, organizing NSS regular activities and special camp activities were presented to the volunteers. The NSS activities for the academic year 2021-22 were discussed. All the first year volunteers were participated in this event.

Date: 15.12.2021



General Guide lines and Awareness given to Students (15.12.2021)

(Autonomous)

### PACHAL, NAMAKKAL-637018.

### GENERAL ORIENTATION PROGRAMME

### NSS VOLUNTEERS NAME LIST

`Date: 15.12.2021

S.No.	NAME	YEAR/ DEPARTMENT
1	DHARSHINI.S	I B.E. (Aero)
2	ELAKKIYA.S	I B.E. (Aero)
3	LOGESHWARAN.M	I B.E. (Aero)
4	SAKTHIVEL.J	I B.E. (Aero)
5	HARIPRIYA.PS	I-B.E. (Agri.)
6	PRAKASHRAJ.C	I-B.E. (Agri.)
7	PRITHIVIRAJ.P	I-B.E. (Agri.)
8	RISHIK RAAGAV.R.S	I-B.E. (Agri.)
9	SARGURU.C	I-B.E. (Agri.)
10	SIBIDHARAN.S	I-B.E. (Agri.)
11	SUREKA.E	I-B.E. (Agri.)
12	VENKATESH.T	I-B.E. (Agri.)
13	KOWSALYA.K	I-B.E. (BME)
14	ROJA.R	I-B.E. (BME)
15	SUBASRI.M	I-B.E. (BME)
16	VINOTH.S	I-B.E. (BME)
17	YUVARAJ.S.R.	I-B.E. (BME)
18	DHILIP.K	I-B.Tech. (Chemical)
19	HEMAVATHI.R	I-B.Tech. (Chemical)
20	LOGESHWAR.K	I-B.Tech. (Chemical)
21	MUKESH.K	I-B.Tech. (Chemical)
22	NIRUTHIYASRI.S	I-B.Tech. (Chemical)
23	ELANGAVAN.K	I-B.E. (Civil)
24	GAJENDIRAN.E	I-B.E. (Civil)
25	PANDIYARAJAN.M	I-B.E. (Civil)
26	PRAVEEN.L	I-B.E. (Civil)
27	SANDHIYA.E	I-B.E. (Civil)
28	VICKRAM.S	I-B.E. (Civil)
29	ASIF AHAMED.K	I-B.E. (CSE)
30	DHANALAKSHMI.S	I-B.E. (CSE)

31	JAGADESHVARAN.P	I-B.E. (CSE)
32	KAVIYA.T	I-B.E. (CSE)
33	MANOJ.N	I-B.E. (CSE)
34	NAJLA FARVEEN.J	I-B.E. (CSE)
35	NITHISH.G	I-B.E. (CSE)
36	SANGEETHA.V	I-B.E. (CSE)
37	SHRIHARI.E	I-B.E. (CSE)
38	STALIN.K	I-B.E. (CSE)
39	TAMILSELVI.N	I-B.E. (CSE)
40	ARUN.R	I- B.Tech. (Cyber Sec.)
41	BHUVANESWARAN.B	I- B.Tech. (Cyber Sec.)
42	DHARANI.D	I- B.Tech. (Cyber Sec.)
43	DURGADEVI.S	I- B.Tech. (Cyber Sec.)
44	ELAMPARITHI.S	I- B.Tech. (Cyber Sec.)
45	SRICIBI.S	I- B.Tech. (Cyber Sec.)
46	AASHA.P	I- B.E (ECE)
47	DHINESH.R	I- B.E (ECE)
48	GOKILA.S	I- B.E (ECE)
49	HARIPRAKASH.H.R	I- B.E (ECE)
50	MOHAMMED THALHA.A	I- B.E (ECE)
51	PREETHI.V.G	I- B.E (ECE)
52	RAJESHKANNAN.K	I- B.E (ECE)
53	SANJAY.G	I- B.E (ECE)
54	SRISABARI.S	I- B.E (ECE)
55	SWETHA.S	I- B.E (ECE)
56	TAMILARASAN.R	I- B.E (ECE)
57	VARSHINI.P	I- B.E (ECE)
58	VIGNESH.R	I- B.E (ECE)
59	GOKUL.S.S	I-B.E. (EEE)
60	HARIHARASUDHAN.S	I-B.E. (EEE)
61	JEGANATHAN.S	I-B.E. (EEE)
62	MARIYAPPAN.S	I-B.E. (EEE)
63	MEYYARASAN.M	I-B.E. (EEE)
64	ARULJOTHI.M.S	I- B.Tech. (Food Tech.)
65	JANANE.T.I	I- B.Tech. (Food Tech.)
66	JOEWIN.X	I- B.Tech. (Food Tech.)
67	KEERTHIKA.M	I- B.Tech. (Food Tech.)
68	KIRUTHIGADEVI.S	I- B.Tech. (Food Tech.)
69	SABAPATHI.S	I- B.Tech. (Food Tech.)
70	SERAN.V	I- B.Tech. (Food Tech.)
71	SOWNDARYA.A	I- B.Tech. (Food Tech.)

72	VIJAYAVEĽAN.S	I- B.Tech. (Food Tech.)
73	DHANALAKSHMI.K	I- B.Tech. (IT)
74	GOKULRAJ.B	I- B.Tech. (IT)
75	JANANI.S	I- B.Tech. (IT)
76	POOVARASAN.B	I- B.Tech. (IT)
77	RAKSHANA.B.N	I- B.Tech. (IT)
78	RAMYA SHREE.G	I- B.Tech. (IT)
79	SURYA.J.G.	I- B.Tech. (IT)
80	AJIN.J	I-B.E. (MCT)
81	DHIVYA.V	I-B.E. (MCT)
82	HARIHARAN.B	I-B.E. (MCT)
83	MERVIN.M	I-B.E. (MCT)
84	SRINIVINITHRAJ.M	I-B.E. (MCT)
85	ELAVARASI.M	I-B.E. (Medi. Elec.)
86	NAGESHWARI.S	I-B.E. (Medi. Elec.)
87	ABINAYASREE.K	I-B.E. (Mech.)
88	ABINESH.S	I-B.E. (Mech.)
89	ARUSAMY.S	I-B.E. (Mech.)
90	BHARANI.K	I-B.E. (Mech.)
91	HEMAHARIDHA.J	I-B.E. (Mech.)
92	JAGADEESHAN.P	I-B.E. (Mech.)
93	MOHAN.A	I-B.E. (Mech.)
94	MUGILRAJ.M	I-B.E. (Mech.)
95	MUGUNTHAN.A	I-B.E. (Mech.)
96	JANARDHANAN.S	I- B.Tech. (Pharma.)
97	JAYASURYA.R	I- B.Tech. (Pharma.)
98	KAMALESH.K	I- B.Tech. (Pharma.)
99	POOJA.M	I- B.Tech. (Pharma.)
100	SATHYA.R	I- B.Tech. (Pharma.)

NSS Programmme Officer

C. RATHNAKUMAR, MCA., M.Phil., ME., (Ph.I. NSS PROGRAMME OFFICER, PAAVAI ENGINEERING COLLEGE, NH-7, PACHAL, NAMAKKAL - 637018.

(Autonomous)

Pachal, Namakkal

### CIRCULAR

### GENERAL ORIENTATION PROGRAMME

### C.NO:PEC/Pri/NSS/2021-22/015

This is to inform you that the General Orientation Programme is arranged for the First year NSS Volunteers on 15<sup>th</sup> December 2021 by 11.00 a.m. through virtual mode in Google meet, due to Covid-19 pandemic organized by National Service Scheme, Paavai Engineering College.

### Google Meet Link:

https://meet.google.com/fgx-eeon-uzn

PRINCIPAL

Date: 15.12.2021

Date: 13.12.2021

Copy to:

1. All HoDs.

### Activity Name: COVID-19 Booster Vaccination Campaign Date: 21.01.2022

National Service Scheme-Health and Hygiene Club of Paavai Engineering College and Government Hospital, Namakkal jointly organized the COVID-19 Booster Vaccination Campaign on 21.01.21 on the college premises. The staff members vaccinated with COVISHIELD Booster dose and 57 members got benefitted.



Staff members vaccinated with COVISHIELD Booster Dose (21.01.22)



Staff members vaccinated with COVISHIELD Booster Dose (21.01.22)

(Autonomous)

Pachal, Namakkal

#### **CIRCULAR**

### COVID-19 BOOSTER VACCINATION CAMPAIGN

### C.NO:PEC/Pri/NSS/2021-22/016

This is to inform you that COVID-19 Booster Vaccination Campaign is to be conducted by Government Hospital, Namakkal on 21st January 2022 which is organized by National Service Scheme and Health and Hygiene Club of Paavai Engineering College. The Staff members can utilize this camp freely for their health to prevent COVID-19. Those who are interested can en-roll their name to the respective HOD and send the email on or before 20th January 2022, 10.00a.m.

### For any clarification contact:

NSS Programme Officer : C.Rathnakumar /AsP/MCA/PEC

Phone : 9976298905

E-mail : <u>rathnakumarchinnasamypec@paavai.edu.in</u>

#### Note:

- 1. The Second Dose COVID-19 vaccination must be completed 9 Months or 275 days
- 2. Xerox copy of Aadhar Card or PAN Card needed for vaccination

3. Schedule will be informed later after receiving name list.

PRINCIPAL

Date: 21.01.2022

Date: 18.01.2022

- 1. All HoDs.
- 2. Notice Board