

# Paavai Engineering College

(Autonomous)  
Pachal, Namakkal

## Circular

Ref: PEC/ SCC/2023-24/002

Date : 13.12.2023

This is to inform you that a program on food habits and mental well-being for girls is being organized by the Department of MBA and the Students Counsellor Committee. Hence, all interested girl students are requested to assemble at Kalam's Chamber on 22.12.2023.

  
Committee Chairperson

  
Principal

**PRINCIPAL**  
**PAAVAI ENGINEERING COLLEGE**  
H-7, PACHAL Post, NAMAKKAL Dist.



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## MINUTES OF STUDENT COUNSELLOR COMMITTEE MEETING

Venue : Kalams Chamber

Date : 22.12.2023

### Minutes of Meeting

The department of MBA and Students' Counsellor Committee organized a Health care programme on 22.12.23. The gathering was graciously welcomed by Dr. T. Kalaiselvi, Director, MBA. Our respected Chairman Shri. CA.N.V.Natarajan, FCA presided the programme and honoured the guests with a memento. Dr. Vani Pujari, M D, gynaecologist, Akshaya Fertility Centre, Salem took over the session, and explained the importance of menstrual hygiene and health. The next session was took over by Dr. V.K. Sudarsanam, Paediatrician, Manipal Hospital, Salem and explained about child's mental health during the development stage. The last session was taken by Dr.Pari Kodaiarasan, Consultant Neurosurgeon at SKS Hospital, Salem. This programme gives Strategies for promoting mental health awareness among students.





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## Circular

Ref: PEC/ SCC/2023-24/001

Date: 03.07.2023

All Heads of Departments (HODs) are requested to nominate one faculty member from their department to be part of the student counsellor committee and submit their names at the earliest. Department representatives are expected to attend all meetings and actively contribute to the discussions. The committee emphasized the importance of mentorship in addressing student concerns and enhancing academic and personal development and ask them to assemble for a meeting on 09.07.2023 at 3.30 pm in IQAC.

  
Committee Chairperson

  
Principal

**PRINCIPAL**  
**PAAVAI ENGINEERING COLLEGE**  
14.7 PACHAL Post. NAMAKKAL Dist.



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**STUDENT COUNSELLOR COMMITTEE MEETING**

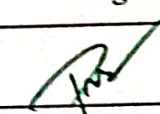
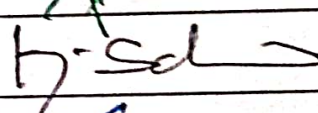
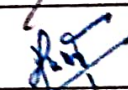
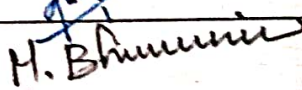

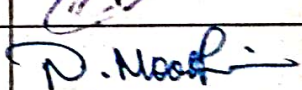
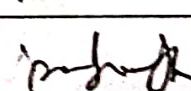
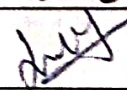
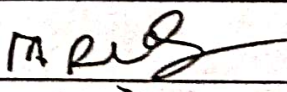

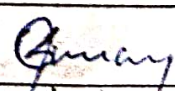

Venue: IQAC

Date: 09.07.2023

Minutes of Meeting

A meeting was conducted on 09.07.2023 at 03.30 pm in IQAC. The following points were discussed.

1. For each faculty assign 15 students from their department.
2. The faculty should take care of students Mental well-being, Academic Guidance and Emotional support
3. The faculty should meet the students weekly once

S.No	Name of the Faculty	Department	Committee Members	Signature
1.	Dr.M.Premkumar	Principal	Principal	
2.	Dr.K.Selvi	IT	Chairperson	
3.	Prof.M.Mohan	Chemistry	Co-Chairperson	
4.	Mrs.M. Bhuvaneswari	Agri	Member	
5.	Mr.G.Sasi	Aero	Member	
6.	Mr.N.Moorthi	Civil	Member	
7.	Mr.V.Maheskumar	CSE	Member	
8.	Mr.S.Loganathan	ECE	Member	
9.	Mr.M.Raja	EEE	Member	
10.	Mr.T.Thangavel	Mech	Member	
11.	Mr.S. Manikandan	MCT	Member	
12.	Mrs.P.Anitha	IT	Member	



13.	Mr.R .Gunasekaran	CSE(AI&ML)	Member	R. Gunasekaran
14.	Dr.K.Gopi	Chemical	Member	K. Gopi
15.	Mr. M.G. Karthih	Pharma	Member	M. G. Karthih
16.	Ms.M.Muthu mani	Bio Tech	Member	Muthu Mani
17.	Dr.S.Rajasekaran	BME	Member	S. Rajasekaran
18.	Mr.S.Gowtham Kumar	FT	Member	S. Gowtham Kumar
19.	Mr.T.Aravind	R&A	Member	T. Aravind
20.	Mr.R.Loganathan	Cyber	Member	R. Loganathan
21.	Dr.T.Krishnakumar	Physics	Member	T. Krishnakumar
22.	Dr.G.Raja	Chemistry	Member	G. Raja



**PAAVAI ENGINEERING COLLEGE**  
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**STUDENTS COUNSELLOR COMMITTEE**

The Student Counselling Committee aims to address day-to-day concerns related to academics and routine activities among students. Counselling is a process designed to promote students' personal well-being by offering support and guidance through trained counsellors, thereby contributing to a healthy mind and body.

To help students navigate emotional and psychological challenges, the college has established a Counselling Committee on campus. This initiative is led by a trained team of faculty members serving as counsellors.

The committee encourages students to gain a better understanding of themselves and the issues they face. It offers guidance to help them overcome various challenges whether personal, emotional, social, familial, peer-related or academic. Counselling may be provided individually or in groups, and it focuses on helping students achieve academic success, social and personal growth, career development, and the enhancement of interpersonal and communication skills.

The overall goal of counselling is to encourage positive behavioural changes, improve the student's ability to form and maintain healthy social relationships, support sound decision-making, and help students realize their potential while effectively coping with the challenges they face.

### **OBJECTIVES**

- To help students resolve their personal, educational, social, and psychological issues
- To create awareness about mental health related concerns among students
- To encourage and motivate faculty members to actively participate in counselling activities
- To provide a support system for students to address major academic related challenges
- To initiate proactive measures for resolving students' concerns effectively
- To analyse student grievances and take corrective action in coordination with the appropriate authorities
- To regularly collect suggestions from students for continuous improvement

### **ROLE & RESPONSIBILITIES**

1. Provide individual counselling sessions to help students resolve personal issues.
2. Organise training programs on counselling skills for faculty and student.
3. Conduct seminars for students on mental health, addiction, and related issues.



4. Inform parents in cases of significant psychological or behavioural concerns exhibited by the student.
5. Encourage students to regularly meet with the Counselling Committee to share suggestions and grievances.
  - Students may explain their problems to the Counselling Committee as and when needed.
  - The committee interacts with students to understand the nature of their concerns.
  - Any grievance identified is recorded in a register and appropriately addressed.
6. The Student Counselling Committee will review each grievance and recommend suitable actions to be taken at the institutional level for resolution.
7. Students may approach any committee member for academic or non-academic concerns.

