

**PAAVAI ENGINEERING COLLEGE**

**(Autonomous)**

**NH-44, Pachal, Namakkal**

**C.No.: PEC/PYCF/AY2022-23/CIR-01**

**Date: 10.06.2022**

**Circular**

To foster student welfare and enhance emotional well-being, Paavai Engineering College is pleased to announce the formation of the Youth Counselling Forum for the academic year 2022–2023, comprising the following members.

S.No	Name	Designation	Role
1	Dr.M.Premkumar	Principal	Chairman
2	Mr.S.Sathish	Assistant Professor, CSE(IoT)	Coordinator
3	Mr.A.Mahesh	Student, IV AERO	Member
4	Mr.K.Deepak	Student, IV AGRI	Member
5	Mr.R.Balamurugan	Student, III BME	Member
6	Mr.K.Gunal	Student, II CSE	Member
7	Ms.R.Naveena	Student, II ECE	Member
8	Ms.S.Sneka	Student, IV PHARMA	Member
9	Ms.K.Kirthika	Student, III BME	Member
10	Mr.C.P.Edison	Student, IV CHEMICAL	Member

**Roles and Responsibilities**

- To foster a supportive and mentally healthy campus environment by offering consistent emotional guidance and care to students.
- To ensure students have access to a secure, non-judgmental, and confidential space where they can openly share personal, academic, or social challenges.

- To plan and conduct various initiatives such as awareness drives, interactive workshops, and counselling sessions that address key issues like stress management, building self-confidence, handling peer pressure, and enhancing overall personal growth.

  
**PRINCIPAL**

Copy to:

1. All HoDs
2. Youth Counselling Forum members
3. PEC Office

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**NH-7, PACHAL Post. NAMAKKAL Dist.**

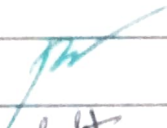
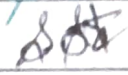

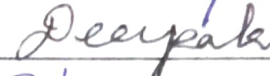

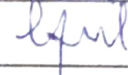
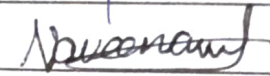


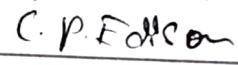
**PAAVAI ENGINEERING COLLEGE**  
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**PAAVAI YOUTH COUNSELLING FORUM**  
**MINUTES OF MEETING (2022-2023)**

A meeting of the Paavai Youth Counselling Forum for the academic year 2022–2023 was held on 23.08.2022 at 12:30p.m. in the Cute hall. The session focused on enhancing the support framework available to students, particularly in the areas of mental health, emotional well-being, and academic challenges. Forum members gathered to review current practices and develop action plans for the coming year, ensuring students have access to necessary counselling resources.

**Main Discussion Points:**

- The forum began with a review of the present student counselling services and evaluated their reach and effectiveness within the institution.
- Discussions were held on organizing awareness programs and interactive workshops aimed at mental health education, stress control techniques, and emotional support.
- The group agreed on distributing specific duties among forum members to facilitate smooth coordination and execution of planned counselling initiatives.
- A proposal was made to implement a confidential process through which students could safely seek counselling services without fear of exposure or judgment.
- Intervention strategies were considered to help students encountering emotional, academic, or social issues, ensuring timely and compassionate support.
- The forum also resolved to prepare and forward a detailed activity report highlighting the year's efforts and initiatives to the appropriate authorities for documentation and feedback.

**Paavai Youth Counselling Forum members:**

S.No	Name	Role	Signature
1	Dr.M.Premkumar	Chairman	
2	Mr.S.Sathish	Coordinator	
3	Mr.A.Mahesh	Member	
4	Mr.K.Deepak	Member	
5	Mr.R.Balamurugan	Member	
6	Mr.K.Gunal	Member	
7	Ms.R.Naveena	Member	
8	Ms.S.Sneka	Member	
9	Ms.K.Kirthika	Member	
10	Mr.C.P.Edison	Member	

  
**Coordinator**

  
**Chairman**

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**CIRCULAR**

**C.No.: PEC/PYCF/2022-23/CIR-02**

**Date: 17.08.2022**

The Youth Counseling Forum will convene for a meeting on 23.08.2022 at 12:30p.m. in the Cute hall. Key topics for discussion include defining roles, organizing activities, and strengthening student support mechanisms. All forum members are expected to attend.



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1. All HoDs
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3. PEC Office

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