### PAAVAI ENGINEERING COLLEGE

(Autonomous)

### PACHAL, NAMAKKAL

C.No.: PEC/PYCF/AY2023-24/CIR-01

## Date: 10.06.2023

### Circular

We are happy to announce that Paavai Engineering College is forming a student chapter Youth Counselling Forum to foster a positive, inclusive, and emotionally supportive academic environment, hereby establishes the Youth Counselling Forum for the academic year 2023–2024 with the following members:

S.No	Name	Designation	Role	
1	Dr.M.Premkumar	Principal	Chairman	
2	Mr.S.Sathish	Assistant Professor, CSE(IoT)	Coordinator	
3	Mr.R.Navanidhan	Student, IV MCT	Member	
4	Ms.Rathika	Student, III MDE	DE Member	
5	Mr.R.Jeyaraj	Student, III ECE	Member	
6	Mr.B.Ranjith	Student, III CYS	Member	
7	Mr.C.Vengatesh	Student, IV CSE	Member	
8	Ms.Bhuvaneshwari	Student, III BME	Member	
9	Ms.R.Abinaya	Student, III CSE	Member	
10	Ms.Haripriya	Student, III AGRI	Member	
11.	Mr.D.Sanjai	Student, II IT	Member	
12.	Ms.R.Kaviya	Student, III BT	Member	

# Roles and Responsibilities

- To nurture the emotional resilience and psychological well-being of students through ongoing mentorship and accessible support systems.
- To maintain a welcoming and confidential environment where students feel safe to express their concerns related to academics, personal life, or social situations.
- To initiate and implement educational programs, wellness workshops, and counselling activities that focus on coping strategies, confidence building, managing academic pressure, and fostering holistic personal development.

Copy to:

- 1. All HoDs
- 2. Youth Counselling Forum members
- 3. PEC Office

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HH-7, PACHAL Post, NAMAKKAL Dist

### PAAVAI ENGINEERING COLLEGE

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# NH-44, Pachal, Namakkal. PAAVAI YOUTH COUNSELLING FORUM MINUTES OF MEETING (2023-2024)

The Paavai Youth Counselling Forum held its meeting for the academic year 2023–2024 on 02.08.2023 at 02:30p.m. in the Smart Hall. The purpose of the meeting was to assess the current student counselling services and discuss strategies to further support the mental and emotional health of the student community. The forum aimed to identify key areas for development and set the direction for upcoming activities.

### Highlights of the Meeting:

- A comprehensive review of the current counselling support system was conducted, with an emphasis on evaluating its effectiveness and accessibility for students.
- To enhance student well-being, the forum proposed organizing awareness programs and workshops focusing on mental health, stress management, and emotional resilience.
- Forum members were assigned specific responsibilities to streamline the planning and implementation of counselling initiatives.
- The establishment of a secure, confidential support system was recommended to encourage students to seek help without fear of stigma or judgment.
- The discussions also highlighted the need for proactive intervention strategies to address emotional, academic, and social challenges faced by students, ensuring timely and effective support.

# Paavai Youth Counselling Forum Members:

S.No	Name	Role	Signature
1	Dr.M.Premkumar	Chairman	pr.
2	Mr.S.Sathish	Coordinator	NAV.
3	Mr.R.Navanidhan	Member	Howard
4	Ms.Rathika	Member	Rottika
5	Mr.R.Jeyaraj	Member	Jerjanaj
6	Mr.B.Ranjith	Member	exicith B
7	Mr.C.Vengatesh	Member	Vo. gatherh
8	Ms.Bhuvaneshwari	Member	Blunceshuer
9	Ms.R.Abinaya	Member	XI
10	Ms.Haripriya	Member	- Flank f
11	Mr.D.Sanjai	Member	Thompry
12	Ms.R.Kaviya	Member	Panjoy.

Coordinator

Chairman

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PAAVAI ENGINEERING COLLEGE
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# PAAVAI ENGINEERING COLLEGE

(Autonomous)

NH-44, Pachal, Namakkal.

#### **CIRCULAR**

C.No.: PEC/PYCF/2023-24/CIR-02

Date: 27.07.2023

All members of the Youth Counselling Forum are hereby informed that a meeting is scheduled to be held on 02.08.2023 at 02:30p.m. in the Smart Hall.. The agenda of the meeting is to discuss the roles, responsibilities, and upcoming initiatives of the Forum for promoting student well-being and emotional support across the campus. All members are requested to attend the meeting without fail.

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Copy to:

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