

PAAVAI ENGINEERING COLLEGE

(AUTONOMOUS)

PACHAL, NAMAKKAL

C.No.: PEC/PYCF/AY2024-25/CIR-01

Date: 27.06.2024

Circular

To promote student welfare and support emotional well-being, Paavai Engineering College is pleased to constitute the Youth Counselling Forum for the academic year 2024–2025 with the following members.

Members List:

S.No	Name	Designation	Role
1	Dr.M.Premkumar	Principal	Chairman
2	Mr.S.Sathish	Assistant Professor, CSE(IoT)	Coordinator
3	Ms.R.Kaviya	Student, IV BT	Member
4	Mr.J.Dileephan	Student, III CSE	Member
5	Ms.A.Akalya	Student, III CSE - AIML	Member
6	Ms.S.Prathiksha	Student, III CYS	Member
7	Mr.A. Vishnupriyan	Student, IV ECE	Member
8	Mr.D.Sanjai	Student, III IT	Member
9	Mr.T.Logesh	Student, III PHARMA	Member
10	Ms.P.Vijayadharsini	Student, IV R&A	Member

Roles and Responsibilities

- To support the mental and emotional health of students by offering continuous guidance and psychological support throughout the academic year.
- To create a trusted, confidential platform where students can seek help for personal, academic, or interpersonal challenges without fear or stigma.

- To conduct structured programs such as awareness campaigns, counselling workshops, and developmental sessions aimed at addressing issues like stress, low self-esteem, peer influence, and overall student well-being.



PRINCIPAL

Copy to:

1. All HoDs
2. Youth Counselling Forum members
3. PEC Office

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NH-44, Pachal, Namakkal.

PAAVAI YOUTH COUNSELLING FORUM

MINUTES OF MEETING (2024-2025)

The Paavai Youth Counselling Forum convened on July 8, 2024, at 3:00 p.m. in the Principal's Cabin to outline its agenda for the academic year 2024–2025. The meeting brought together dedicated members with a shared commitment to promoting student well-being. The following points were discussed during the meeting.

Key Matters Discussed:

- The forum began by reflecting on the current counselling support available to students. The effectiveness and reach of existing services were assessed to identify where improvements could be made.
- Plans were outlined to organize a series of student-centered programs, including mental health awareness sessions, stress relief workshops, and emotional wellness activities.
- Specific responsibilities were assigned to forum members to ensure smooth coordination and active participation in all upcoming initiatives.
- To increase visibility of the counselling services, the team agreed to design and display posters and informational content in well-frequented areas of the campus.
- Creating a safe, confidential channel for students to approach the counselling team was emphasized as a priority, helping ensure that support is easily accessible and stigma-free.
- The forum also explored ways to provide timely help to students dealing with personal, academic, or social difficulties, emphasizing early identification and intervention.

Paavai Youth Counselling Forum Members :

S.No.	Name	Role	Signature
1	Dr.M.Premkumar	Chairman	
2	Mr.S.Sathish	Coordinator	
3	Ms.R.Kaviya	Member	
4	Mr.J.Dileephan	Member	
5	Ms.A.Akalya	Member	
6	Ms.S.Prathiksha	Member	
7	Mr.A.Vishnupriyan	Member	
8	Mr.D.Sanjai	Member	
9	Mr.T.Logesh	Member	
10	Ms.P.Vijayadharsini	Member	


Coordinator


Chairman

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CIRCULAR

C.No.: PEC/PYCF/2024-25/CIR-02

Date: 04.07.2024

All members of the Youth Counselling Forum are notified that a meeting will be conducted on 08.07.2024 at 3:00 p.m. in the Principal's Cabin. The meeting will focus on discussing the responsibilities of forum members and planning forthcoming activities aimed at supporting students' emotional and mental well-being. Your presence and active participation in the meeting are highly expected.



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